



DR. FATIMA
BUSTOS-CHOY

Five Paths to Health, Happiness and Peace Dr. Fatima's Guide for Transformational Living

Dr. Fatima Bustos-Choy

is a recognized transformational holistic life coach consultant, speaker and trainer who is dedicated to helping others integrate their physical, emotional, mental, and spiritual well-being into one consistent journey toward health, happiness, and lasting peace. Dr. Bustos-Choy is the founder and principal of R&F Holistic Services and GaiaFlow Consulting, which help people to pursue and find a wholistic and meaningful lifestyle. Dr. Bustos-Choy believes that caring for the spirit, heart, mind, and body is key to create and achieve personal and professional goals.

As a life coach, Dr. Bustos-Choy shares lessons learned from several decades of experience on her own journey toward wholeness and fulfillment. She is a sought-after and engaging speaker.



Her new book, *More Than Money, Five Paths to Abundance and Success for Inner-Centered Entrepreneurs*, available on [Amazon.com](https://www.amazon.com)

LET'S WORK
TOGETHER!

Please feel free to contact
me for coaching or speaking
opportunities



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www.drfatimalifecoach.com

SPEAKING TOPICS

Dr. Fatima is available to speak to CEOs, Senior Managers, Corporate Directors, Professional Staffs and Employees, Business Conferences, Corporate Retreats, Group Facilitation, and more.

PRESENTED TO:



COALITION OF FILIPINO
AMERICAN CHAMBERS
OF COMMERCE

Topics for Live and Virtual Keynotes, Workshops, Seminars and Retreats Include:

Five Paths to Health, Happiness and Peace

Dr. Fatima's Blueprint for Abundant Living

Relationship Keys for Improved Communication, Intimacy and Authenticity

Open the Door to Real and Lasting Connections

Empowerment

Unlock Your Inner Gifts, Decipher the Fears Holding You Back and Step into Your Significance

The Nuts and Bolts of Healthy Living

Mindset, Awareness, and Managing Your Energy

"Amidst an ever-changing, hectic world, it's even more important to connect with our inner selves. More Than Money reminds us to slow down and trust our inner voice to guide us down the right path."

-Cora Oriel, President, Asian Journal Publications, Inc.

TESTIMONIALS

"Most people spend their lives not realizing they have access to powerful inner guidance. This book shows you how to connect with and listen to your inner voice...I highly recommend it."

—Jack Canfield, Co-author of the Chicken Soup for the Soul® series and The Success Principles

Dr. Fatima Bustos-Choy believes in the importance of tapping into one's own inner wisdom, to achieve one's purpose and success.

- Linda Akutagawa, President and CEO LEAP, Inc. (Leadership Education for Asian Pacifics)

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